

PICKLEBALL LESSON RATES

Lesson Type	Member Rate	Non-Member Rate
½ Hour Private	\$37/Person	\$42/Person
1 Hour Private	\$75/Person	\$80/Person
2 People (Semi) 1 Hour	\$40/Person	\$45/Person
2 People (Semi) 1.5 Hours	\$60/Person	\$65/Person
Group of 3- 1 Hour	\$30/Person	\$35/Person
Group of 3- 1.5 Hours	\$45/Person	\$50/Person
Group of 4- 1 Hour	\$20/Person	\$25/Person
Group of 4- 1.5 Hours	\$25/Person	\$30/Person

Court Fees/Open Play Fees

Platinum/Total Club Plus \$0

Total Club \$3

Club \$6

Non-Members \$20*

(*Punch Card \$150 for 10 visits)

Pickleball Rating System

Level 2.5

- Limited experience
- Can keep short rally
- Basic understanding of rules

Level 3.0

- Forehand drives, serves and returns with medium pace, dinks
- Generally lacks consistency and control
- Understanding of basic strategy and rules, including ability to keep score properly

Level 3.5

- Drives, serves and returns with pace, dinks and drop shots
- Developing backhand shots, some consistency and control
- Understand strategy and rules, starting to vary between hard and soft game.

Level 4.0

- Forehand and backhand drives and serves, drop shots, and volleys (including block volleys) of different speeds
- Very consistent and in control
- Understands strategy and rules, varies between hard and soft game

ADULT PICKLEBALL FALL/WINTER 2024

Mid-Cape Athletic Club



GET IN THE GAME!

For more
information call
508.394.3511

Any Questions?
Contact Todd Zukowski
508-735-2274

CLINICS

Pickleball 101

- Our patient pros will teach you to play and get you into the game
- Paddle & Court Familiarity & Etiquette
- Development of Proper Hitting Skills
- Fun Games and Drills
- Introduction to Game Rules

Saturdays 10:00am-11:30am
\$25 members
\$30 non-members

Pickleball 201

- Our patient pros will begin to implement more advanced tactics and hitting speed
- Paddle & Courts Familiarity & Etiquette
- Sharpen Proper Hitting Skills
- More challenging games and drills

Saturdays 11:30am-1:00pm

Pickle with a Pro

- Increased consistency on all strokes, shot spin variety & strategy
- Use of placement, patience, power
- Match play & mental preparation
- 45 min drills, 45 min of play (level 2.5-3.5)

Mondays 4:30pm-6:00pm
\$25 members
\$30 non-members

MCAC Pickleball Staff

Marcus De La Vega
Todd Zukowski

Open Play

Leveled Pickleball Drop-In are weekly times that players can drop-in and play matches against other players. Play is organized by the players at tending and sign-ups can be done through Front Desk or mobile app. There must be 4 players for the drop-in to run. *Please register in advance as space is limited*

Tuesday/Thursday

INTERMEDIATE

6:30pm-9:00pm (Levels 3.5-4.0)

Wednesdays

BEGINNER ONLY

6:30m-9:00m (Levels 2.5-3.0)

Fridays

ALL LEVELS

6:30pm-9:00pm (Levels 2.5-3.0)

6:30pm-9:00pm (All levels welcome)*

Court Fees/Open Play Fees

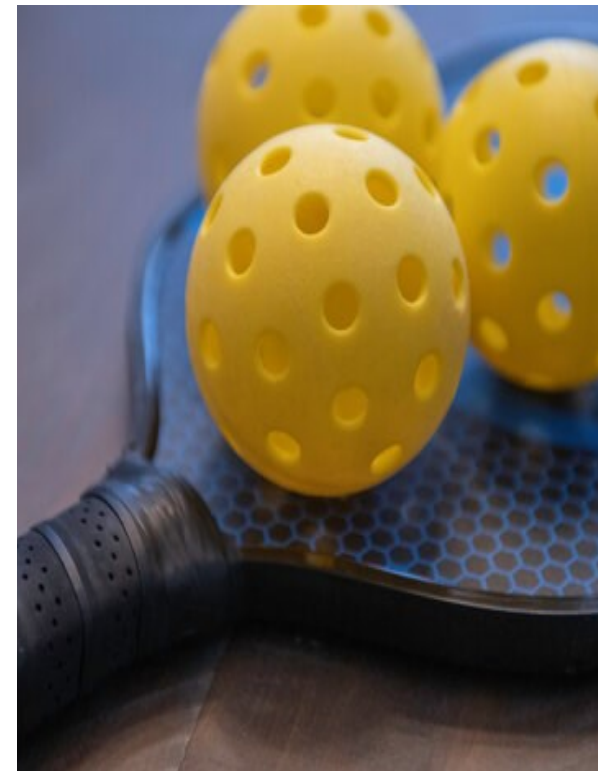
- Platinum/Total Club Plus \$0
 - Total Club \$3
 - Club \$6
 - Non-members \$20
- **(Punch Card \$150 for 10 visits)**

Clinic Fees

1.5 hours

Members \$25.00

Non-members \$30.00



Round Robin DUPR

Round robin tournament for pickleball players.

Tournament starts November 4th and runs through the 24th of November.

Mondays 6:00pm-7:30pm & 7:30pm-9:00pm

Members \$10
Non-Members \$15

Any Questions?
Contact Marcus 617-388-5936
Contact Todd 508-735-2274