

Clinic Fees

Includes club membership
while in program

1- Hour Clinic (2x per week)

8 Clinics	\$200
4 Clinics	\$110
1 Clinic	\$30

1 1/2 Hour Clinic (2x per week)

8 Clinics	\$280
4 Clinics	\$150
1 Clinic	\$40

2-Hour Clinic (2x per week)

8 Clinics	\$400
4 Clinics	\$210
1 Clinic	\$55

Download our Mobile App!
Register on our App or the
Member Portal

www.midcapeathletic.com



193 Whites Path
South Yarmouth, MA 02664
Phone: 508.394.3511
www.midcapeathletic.com



Junior Tennis Program

Summer
2025

(Starting June 30th)



Baseliners (ages 4-7)

- Rules, Etiquette & Court
- Familiarity
- Hitting Skills; Volley & Mini-Tennis Rallying
- Bounce & Overhand Serves
- Fun Drills and Games

Mondays & Wednesdays

3:00-4:00pm

Saturdays 10:00-11:00am

1 hour

8 clinics \$200

4 clinics \$110

1 clinic \$30

Junior Elite (ages 10-12)

- Volley & Rally Ability (10 times over net)
- Ability to Serve, Play a Set or Match
- Technique (overheads, lobs & angles)
- Consistency & Shot Placement
- Basic Singles and Doubles Strategy
- Drills, Match Play, and Games

Mondays & Wednesdays

3:00-4:30pm

Saturdays 12:00-1:30pm

1.5 hours

8 clinics \$280

4 clinics \$150

1 clinic \$40



Brand new to tennis?
Take a private lesson
first, so our pros can
determine which clinic
is the best fit!



Crushers (ages 7-11)

- Serve from Baseline with some success
- Volley & Rally Ability (3-8 times over net)
- Drills, Match Play and Games

Mondays & Wednesdays

2:00-3:00pm

Saturdays 11:00-12:00am

1 hour

8 clinics \$200

4 clinics \$110

1 clinic \$30

Have older kids?
Call to set up small
group, semi-private or
one-on-one lessons!



We make it easy! Our tennis program
is color-coded as follows:



Green: Beginner
Blue: Intermediate
Yellow: Advanced

*Not sure which group to
sign up for? Reach out to our pros so you
can get placed in the right group.