

TENNIS LESSON RATES

Lesson Type	Member Rate	Non-Member Rate
½ Hour Private	\$45 / \$50 Director	\$50/ \$55 Director
1 Hour Private	\$90 / \$100 Director	\$100 / \$110 Director
2 People (Semi) 1 Hour	\$50/Person	\$55/Person
2 People (Semi) 1 ½ Hours	\$75/Person	\$85/Person
Group of 3 1 Hour	\$35/Person	\$45/Person
Group of 3 1 ½ Hours	\$50/Person	\$55/Person
Group of 4 1 Hour	\$30/Person	\$40/Person
Group of 4 or more 1 ½ Hours	\$45/Person	\$55/Person
Group of 4 or more 2 Hours	\$55/Person	\$65/Person



MID-CAPE
ATHLETIC CLUB
193 Whites Path
South Yarmouth, MA 02664
Phone: 508.394.3511
www.midcapeathletic.com

ADULT TENNIS 2025

Mid-Cape Athletic Club



GET IN THE GAME!

For more
information call
508.394.3511



CLINICS

Tennis 101

(Level 2.5 & Below)

- Our patient pros will teach you to play and get you into the game
- Racquet & Court Familiarity & Etiquette
- Development of Proper Hitting Skills
- Fun Games and Drills

Saturdays 9:00-10:00am

\$30 members 4 classes / \$120

\$40 non-members

Play With The Pro

(Level 2.5-3.5)

- Increased Consistency on all strokes, Shot/Spin Variety & Strategy
- Use of Placement, Patience and Power
- Match Play and Mental Preparation
- 45 minutes of drills and 45 minutes of play

Tuesdays 6:00-7:30pm

Fridays 9:30-11:00am

\$45 members 4 classes / \$160

\$55 non-members

Create A Group!

Group sessions can be organized! Get some friends together and form your own clinic with the pro and time of your choice.

midcapeathletic.com

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MCAC Tennis Staff

Brandon Cutter — USPTA

Andreas Kuehn — USPTA

Jim Leahy — USPTA

Bob Majewski — USPTA

Sandy Palmer — PTR

Libby Campbell — PTR

Alex Gujarathi

Anna Godshalk

Tim Santos

Jim Garaventi



Live Ball

- Live ball situations will simulate actual match movement patterns
- Match Play and Mental Preparation
- End the clinic with match play

Women's

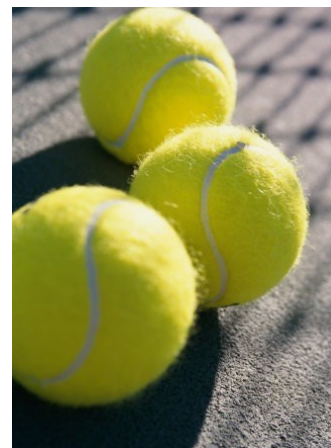
Mondays/Wednesdays 11:00am—12:30pm

***Advanced 12:30pm — 2:00pm**

Men's

Friday 1:00—2:30pm

Contact Brandon to be placed in the appropriate clinic based on skill level
(774)209-9035



LEAGUES

Women's Doubles 2.5-4.0

Various times, many days a week

Women's Friday Fun Tennis 3.5+

Fridays 4:30-6pm

Men's Doubles A/B, C/D

Various times, many days a week

USTA Leagues

Men & Women

Singles & Doubles

Many Offerings

Call MCAC and leave your name and contact information for:

Women's- Marj White

Men's- Netty Hoagland

USTA- Marj White