

# PICKLEBALL LESSON RATES

Lesson Type	Member Rate	Non-Member Rate
½ Hour Private	\$37/Person	\$42/Person
1 Hour Private	\$75/Person	\$80/Person
2 People (Semi) 1 Hour	\$40/Person	\$45/Person
2 People (Semi) 1.5 Hours	\$60/Person	\$65/Person
Group of 3-1 Hour	\$30/Person	\$35/Person
Group of 3-1.5 Hours	\$45/Person	\$50/Person
Group of 4-1 Hour	\$20/Person	\$25/Person
Group of 4-1.5 Hours	\$25/Person	\$30/Person

## Court Fees/Open Play Fees

Platinum/Total Club Plus \$0

Total Club \$3

Club \$6

Non-Members \$20\*

(\*Punch Card \$150 for 10 visits)



MID-CAPE  
ATHLETIC CLUB  
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Phone: 508.394.3511  
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# ADULT PICKLEBALL SUMMER 2024

## Mid-Cape Athletic Club



GET IN THE GAME!

For more  
information call  
508.394.3511

## CLINICS

### Pickleball 101

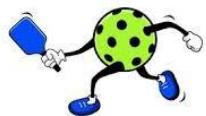
- Our patient pros will teach you to play and get you into the game
- Paddle & Court Familiarity & Etiquette
- Development of Proper Hitting Skills
- Fun Games and Drills
- Introduction to Game Rules

**Saturdays 10:00am-11:30am**  
**\$25 members**  
**\$30 non-members**

### Pickle with a Pro

- Increased consistency on all strokes, shot spin variety & strategy
- Use of placement, patience, power
- Match play & mental preparation
- 45 min drills, 45 min of play (level 2.5-3.5)

**Wednesdays 6:00pm-7:30pm**  
**\$25 members**  
**\$30 non-members**



[midcapeathletic.com](http://midcapeathletic.com)  
508.394.3511

## MCAC Pickleball Staff

Marcus De La Vega  
& Todd Zukowski



### Open Play

Leveled Pickleball Drop-In are weekly times that players can drop-in and play matches against other players. Play is organized by the players at tending and sign-ups can be done through Front Desk or mobile app. There must be 4 players for the drop-in to run. \*Please register in advance as space is limited\*

**Monday**  
6pm-9pm (Beginner/Advanced Beginner)\*  
**Tuesday**  
6pm-9pm (Intermediate/Advanced)  
**Friday**  
6pm-9pm (All levels welcome)\*

\*must have understanding of game rules and/or have completed pickleball 101

## Pickleball Rating System

### Level 2.5

- Limited experience
- Can keep short rally
- Basic understanding of rules

### Level 3.0

- Forehand drives, serves and returns with medium pace, dinks
- Generally lacks consistency and control
- Understanding of basic strategy and rules, including ability to keep score properly

### Level 3.5

- Drives, serves and returns with pace, dinks and drop shots
- Developing backhand shots, some consistency and control
- Understand strategy and rules, starting to vary between hard and soft game.

### Level 4.0

- Forehand and backhand drives and serves, drop shots, and volleys (including block volleys) of different speeds
- Very consistent and in control
- Understands strategy and rules, varies between hard and soft game

Any Questions?

Contact Todd Zukowski  
508-735-2274