

TENNIS LESSON RATES

Lesson Type	Member Rate	Non-Member Rate
½ Hour Private	\$55 / \$60 Director	\$60/ \$65 Director
1 Hour Private	\$100 / \$110 Director	\$110 / \$120 Director
2 People (Semi) 1 Hour	\$55/Person	\$60/Person
2 People (Semi) 1 ½ Hours	\$80/Person	\$90/Person
Group of 3 1 Hour	\$45/Person	\$50/Person
Group of 3 1 ½ Hours	\$55/Person	\$60/Person
Group of 4 1 Hour	\$40/Person	\$50/Person
Group of 4 or more 1 ½ Hours	\$50/Person	\$60/Person
Group of 4 or more 2 Hours	\$60/Person	\$70/Person



MID-CAPE
ATHLETIC CLUB
193 Whites Path
South Yarmouth, MA 02664
Phone: 508.394.3511
www.midcapeathletic.com

ADULT TENNIS SUMMER 2026

Mid-Cape Athletic Club



GET IN THE GAME!

For more
information call
508.394.3511



CLINICS

Tennis 101

(Level 2.5 & Below)

- Our patient pros will teach you to play and get you into the game
- Racquet & Court Familiarity & Etiquette
- Development of Proper Hitting Skills
- Fun Games and Drills

Saturdays 9:00-10:00am

\$40 members 4 classes / \$140

\$50 non-members

Tennis 201

- Take your game to the next level with more advanced instruction and faster-paced drills.
 - Refining stroke technique & consistency
 - Improved footwork, movement patterns & court positioning
 - Point play strategy, competitive drills and live-ball games

Saturdays 10:00-11:30am

\$50 members

\$60 non-members

Play With The Pro

(Level 2.5-3.5)

- Increased Consistency on all strokes, Shot/Spin Variety & Strategy
- Use of Placement, Patience and Power
- Match Play and Mental Preparation
- 45 minutes of drills and 45 minutes of play

Tuesdays 6:00-7:30pm

Fridays 9:30-11:00am

\$50 members 4 classes / \$180

\$60 non-members

Create A Group!

Group sessions can be organized! Get some friends together and form your own clinic with the pro and time of your choice.

MCAC Tennis Staff

Brandon Cutter — USPTA

Andreas Kuehn — USPTA

Jim Leahy — USPTA

Bob Majewski — USPTA

Sandy Palmer — PTR

Libby Campbell — PTR

Tim Santos

Sam Majewski

Alex Gujarathi

Anna Godshalk



Live Ball

- Live ball situations will simulate actual match movement patterns
- Match Play and Mental Preparation
- End the clinic with match play

Women's

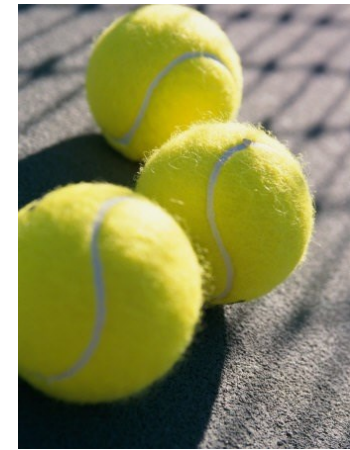
Mondays/Wednesdays 11:00am—12:30pm

Advanced Monday 12:30pm —2:00pm

Advanced Tuesday 9:30am-11am

midcapeathletic.com

508.394.3511



LEAGUES

Women's Doubles 2.5-4.0

Various times, many days a week

Women's Friday Fun Tennis 3.5+

Fridays 4:30-6pm

Men's Doubles A/B, C/D

Various times, many days a week

USTA Leagues

Men & Women

Singles & Doubles

Many Offerings

Call MCAC and leave your name and contact information for:

Women's- Marj White

Men's- Netty Hoagland

USTA- Shea Kinney