

PICKLEBALL LESSON RATES

Lesson Type	Member Rate	Non-Member Rate
½ Hour Private	\$37/Person	\$42/Person
1 Hour Private	\$75/Person	\$80/Person
2 People (Semi) 1 Hour	\$40/Person	\$45/Person
2 People (Semi) 1.5 Hours	\$60/Person	\$65/Person
Group of 3- 1 Hour	\$30/Person	\$35/Person
Group of 3- 1.5 Hours	\$45/Person	\$50/Person
Group of 4- 1 Hour	\$20/Person	\$25/Person
Group of 4- 1.5 Hours	\$25/Person	\$30/Person

Court Fees/Open Play Fees

Platinum/Total Club Plus \$0

Total Club \$3

Club \$6

Non-Members \$20*

(*Punch Card \$150 for 10 visits)



MID-CAPE
ATHLETIC CLUB
193 Whites Path
South Yarmouth, MA 02664
Phone: 508.394.3511
www.midcapeathletic.com



ADULT PICKLEBALL SPRING/SUMMER 2023

Mid-Cape Athletic Club



GET IN THE GAME!

For more
information call
508.394.3511

CLINICS

Pickleball 101

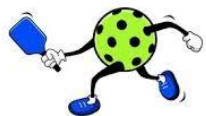
- Our patient pros will teach you to play and get you into the game
- Paddle & Court Familiarity & Etiquette
- Development of Proper Hitting Skills
- Fun Games and Drills
- Introduction to Game Rules

Mondays 4:30pm-6:00pm
Saturdays 11:00am-12:30pm
\$25 members
\$30 non-members

Pickleball 201

- Our patient pros will begin to implement more advanced tactics and hitting skills
- Sharpen Proper Hitting Skills
- More challenging Games and Drills
- Introduction to Game Strategies

Mondays 6:00pm -7:30pm
\$25 members
\$30 non-members



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MCAC Pickleball Staff

Marcus De La Vega
Dale Gorman
Bob Majewski



Open Play

Leveled Pickleball Drop-In are weekly times that players can drop-in and play matches against other players. Play is organized by the players at tending and sign-ups can be done through Front Desk or mobile app. There must be 4 players for the drop-in to run. *Please register in advance as space is limited*

Monday

6pm-9pm (Beginner/Advanced Beginner)*

Wednesday

6pm-9pm (Intermediate/Advanced)

Friday

6pm-9pm (All levels welcome)*

*must have understanding of game rules and/or have completed pickleball 101

Pickleball Rating System

Level 2.5

- Limited experience
- Can keep short rally
- Basic understanding of rules

Level 3.0

- Forehand drives, serves and returns with medium pace, dinks
- Generally lacks consistency and control
- Understanding of basic strategy and rules, including ability to keep score properly

Level 3.5

- Drives, serves and returns with pace, dinks and drop shots
- Developing backhand shots, some consistency and control
- Understand strategy and rules, starting to vary between hard and soft game.

Level 4.0

- Forehand and backhand drives and serves, drop shots, and volleys (including block volleys) of different speeds
- Very consistent and in control
- Understands strategy and rules, varies between hard and soft game

Any Questions?

Contact Dale Gorman 603-512-0424